

Purity in Courtship 純全的戀愛關係

I. Scripture basis for relationship(關係的基礎)

I Thessalonians 4:3-5, 7 God's will (帖前4:3-5,7 神的心意)

A. Abstain from sexual immorality (拒絕不道德的性關係)

B. Live in a state of purity (活在純全中)

C. Learn to develop committed relationships based on the will of God in an honorable and pure way. (用誠實且純全的方法，基於神的旨意中學習發展委身的關係)

II. Contrast of the Christian and the worldly way (Preparing for marriage should be different)

比照基督徒的方法和世界的方法

A. Inward vrs external (Physical, sex appeal, hair style)

內在(對比)外在(身體、性方面、髮型)

B. Union of hearts vrs sexual attraction

心的連結(對比)性的吸引

Relationships based on physical attraction only last 3-5 years

關係若是基於肉體的吸引大概只能維持3-5年之久。

C. What is the source and strength of the bond? Marriage is a covenant.

什麼是你骨頭、力量的根源？婚姻是一個盟約

1. God authored, Gen 2:18 "Only unmarried man in the world!"

神的創造，創世紀2:18「唯一在世上沒有結婚的男人」

2. Physical stimulation (肉體上的刺激)

3. Personality compatibility (個性的一致性)

4. Conditions change-physical changes (hair, weight, accidents) Vi's operation

有條件的改變-身體的變化(髮型、體重、意外)

III. Importance and purpose of courtship (High vulnerability in the 1st five years.)

戀愛關係的重要性與目的(在前五年是高度容易受傷的)

To test the relationship (考驗著人際關係)

To prepare for a life-long relationship (為準備長時間的關係)

To determine God's will (按著神得心意)

To establish a good foundation in the relationship (I Cor 3:11, No other foundation)

為建造好的關係的根基(哥林多前書3:11，沒有其牠的根基)

(Love, Trust, Respect, Understanding) (愛、信任、尊重、瞭解)

1. Communication patterns, styles, sharing of hearts

溝通模式，型態、心裡的分享

2. Conflict resolution skills

衝突解決的技巧

3. Goal/vision setting

目標/異象的設定

4. Discover and understand each others past, family, personality, culture

發現和瞭解彼此的過去、家庭、人格及文化

(You marry a family你是一個家庭結婚)

5. Count the cost. (Abandon selfishness, Single in heart to married)
成本的計算（除去自私的心態，從單身到結婚的心態）
6. Prepare/Enrich categories-finances, roles, parenting, personality match, communication, conflict, expectations, spiritual values, family of origin, sexuality, readiness
預備/增資 目錄-財務上、角色上、教養上、人格適應上、溝通上、衝突解決上、期待上、屬靈的價值上、原生家庭上、性方面，準備好。
7. Express godly love and affection
表達神得愛與情感。

Issues to settle:問題討論

1. Do you want to have children? How soon? How many?
你想要有小孩嗎？多快？多少？
2. Where will you live?
你想要住在哪裡？
3. Will the wife work? How soon? How about after children are born?
妻子需要工作嗎？多快？那在小孩出生以後呢？
4. Who will lead in the relationship? What does that really mean?
在關係上誰當領導？這是什麼樣的意義呢？
5. How will you relate to your in-laws?
你將如何對待你的姻親？
6. How will the money be spent?
錢該怎麼花？
7. Where will you attend church? The Call of God?
我們該去哪一個教會？神的呼召？

Develop a strategic plan（發展一個有策略的計畫）

1. Invest time and money into the marriage (\$10,000 for wedding)
投資時間和金錢進入這段婚姻（為婚禮準備十萬元）
2. Inventory
編列財產目錄
3. Older Mentor couple
長者的夫妻朋友
4. Premarital classes/videos
婚前教育/錄影帶
5. Books, Workbooks “Before You Say I Do?”
6. 書籍，參考書，『Before You Say I Do』
7. “Preparing for Marriage”-Family Life, “Saving Your Marriage Before It Starts”-Parrotts.
....（相關家庭書籍）

IV Dealing with physical desires : 處理肉體上的渴望 :

- A They are natural and God given (Gen 1:27 Sexuality was God's idea) Pure mind
Example of our desire for food. Steal food, Gluttony.
這是自然的現象也是神所給予的，(創世紀1:27 性乃是神的理想) 純全的思想，就像是我們對食物的渴望一樣。但是，偷竊食物，暴飲暴食是不對的。
- B. Marriage authorizes sexual activity. Provides a protective boundary.
婚姻授權了性活動。給予保護的疆界
- C. They are powerful
他們是有能力的。
- D. They respond and intensify with stimulation. (Watching T.V., listening to music.
他們是有回應的而且容易受刺激而變化的(看電視，聽音樂)
- E. They can rob the relationship by dominating
他們會掠奪關係應有的地位。
- F. Defraud-To use or take advantage of another 詐取-從他人那裡得到利益。
Stirring up desires that can not be righteously satisfied (By talk, touch, look, etc.)
激起人的渴望但是不能被正確的滿足(因著說話、接觸、注視、、、等)
- G. Cohabitation-15% long term. Confusion, sexual intimacy without emotional/spiritual.
同居-15% 長時間。困惑，性關係的親密卻沒有情感與新靈的交集。

V. The progression of physical intimacy

肉體親密關係的進展

- A. You move through barriers
你將會進展穿越阻礙
- B. There is a pressure for further intimacy and cleaving
這將會發展出更長遠、深入的親密關係
- C. There is a conscience barrier you encounter. (Acts 24:16, I Tim 4:2)
Guilt, shame, blame, fear, mistrust, loss of respect, alienation, anger.
跨越了良知的阻礙將會產生衝突(使徒行傳24:15，提摩太前書4:2)
罪惡感，羞恥，自責，恐懼，不信，失去尊重，疏離，憤怒
- D. Crossing that barrier will defile the relationship (Gal 6:7-8)
跨越了那個界線將會使關係失去光澤(加拉太書6:7-8)

VI. Safeguards for purity (Establishing a Dating Policy) Write it out!

保護自己的純全(建立約會的準則)寫下來喔~

- A. Establish personal convictions, ethics, philosophy, values, goals, boundaries.
建立個人的約，道德，哲學，價值，目標，界線。
 - * Violet's example
 - 1. Determination to please the Lord (Sue G. and Arlene H.)
堅持神所喜悅的
 - 2. Do you want marriage more than the Lord?
你是想要結婚還是要主呢？

B. Communicate your standards 溝通你的標準

Interact with those with the same convictions, choose your companions carefully don't be unequally yoked.

與你有相同看見的人一起，小心的選擇你的伴侶，不要沒有同負一轡。

C. Define your policy together beforehand (Pray and seek the Lord, Ask God for guidance

定義你的方針在你們在一起前。（禱告而且一起尋求，求問神的引導。）

1. Dating contract (Sexual covenant, move apart or abstain)
約會的約（性的約，避開）
2. Define goals, boundaries, limits, public/private behavior, intimacy level.
訂立目標，界線，限制，方法，/個人行為，親密的階段。
3. Involve a Mentor Couple
邀請成熟的夫婦朋友！

D. Avoid compromising situations. 避開妥協的處境

1. Use wisdom and don't tempt the Lord.
運用智慧，不要試探主
2. Recognize your vulnerabilities and the devil's strategies.
瞭解你的傷痛，和魔鬼的策略
3. I Corinthians 10:12 Let him who thinks he stands, take heed...
哥林多前書 10:12所以自己以為站得穩的、須要謹慎、免得跌倒。
4. Have definite plans-Controlled dates
有明確的計畫-有限制的約會
5. Avoid being alone for extended times
避免獨處超過太多的時間。
6. Have an escape route, an exit strategy II Timothy 2:22
有避開的策略與方法。提摩太後書2:22

E. Reach for high standards給予高度的標準

1. God wants to give you the very best. Avoid "Everyone is doing it"
神要給你的是最好的，避免「每個人都這樣做呀！」
2. Resist short-term pleasure for long term treasure
拒絕短暫的歡愉，珍愛長時間的喜悅。
3. Joe and Becky

4. Set aside the physical to build the relationship
分開肉體為建立關係。
5. Develop a Christian conscience. Include prayer. Ask for God's help
發展基督徒的良知，包括禱告，求神得幫助。

F. Prepare yourself for opposition 為那反對的準備自己

G. Rely on God's grace仰賴神得恩典

1. Power to fulfill your commitment 給予委身的能力
2. Power of forgiveness in the event of failure.給予在失敗中原諒的能力。

VII. In the event of failure在失敗的事件中：

- A. Repent, confess, renounce 悔改、坦承、放棄
- B. Seek and give forgiveness 尋求和給予原諒
- C. Adjust your involvement 調整你的投入
- D. Establish accountability 建立起應有的責任
- E. Walk by the Spirit 與神同行
- F. See notes on “How to Handle Moral Failure” (請參閱「如何處理道德的失敗」)